

Step Outdoors

ACTIVITY

Have the participants work in pairs to create a Keyhole lay. Choose an area that is free of debris to reduce the risk of their fire from spreading. Rocks should not be taken from streams or creeks as they contain moisture and may explode when heated. The diameter of the circle should be approximately 1 meter. The rectangular cooking extension of the fire should be about 30 cm. Wide. Once the lay is complete build a larger fire in the circular portion. As the fire burns down move some of the coals into the rectangular portion and prepare your pots for cooking.

Once the fire is going, have each group prepare a simple meal. For example, some may cook up Pork and Beans, others some Kraft Dinner or hotdogs, and of course, boil water for hot chocolate! Share and enjoy.

EXTENSION

Make a small portable stove from aluminum cans see the website http://en.wikipedia.org/wiki/Beverage-can_stove