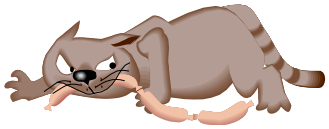
Step Outdoors

# Stalking Skills



## OBJECTIVE

To teach participants the skills needed to walk quietly through the woods.

## MATERIALS REQUIRED

Tin Cans with lots of noisy contents such as; pebbles, marbles, pieces of metal, anything that will make noise when touched.

## DISCUSSION

Stalking skills are useful in any type of hunting situation either directly as part of the hunt or a technique that enables you to get into your stand site quietly.

**Discuss the following four stalking positions:**

1. **Upright** – when the animal is entirely out of sight
2. **Crouch** - lean at the waist and move forward creating a smaller target
3. **Crawl** – on hands and knees used when there is no cover to hide the stalker
4. **Prone** – lying flat on the ground and moving like a snake

## ACTIVITY

**Stalking Game:**

Place a blindfolded person in the middle of the room surrounded by the tin cans and other noisy debris such as, sticks that will crunch, branches to go under etc. Have the other participants make a circle around the centre person and one by one have them try to sneak close and take an item from one of the noisy cans. If they make a noise and the blindfolded person points to them they must go back and wait for their turn again.

## EXTENSION

Have multiple people blindfolded in the middle of the room and hang bells on the stalkers.

**Time**: 1.0 **hour**
Intro: 10 min
Activity: 45min
Discussion and Review: 5 min

**Safety**
Poison Ivy
Insect Bites
Sharp Objects

**NOTES**

Manitoba Wildlife Federation